## BrigaAtHome Meal Themes!

## Week 1:

Let's see what we can do to make your meals at home a little more fun and a little more camp! So, pick a meal during each (or some!) of these days and follow along with our themes! We'd love it if you'd share pictures of what these themes look like in your house, with your family!

Monday: Monk Monday - shh, no talking for one meal!

**Wednesday:** Sing-a-long Supper (or any other meal)! Let's see you and your family belt it out to some of your favourite tunes!

**Friday: Twin Meal** - Is there someone in your home that you can dress exactly the same as?



